

OptumHealthSM

Care Solutions

ParentSteps[®]
**Infertility Discount
Program**



Superior Support and Access to Quality Centers of Excellence at a Discount

Seeking infertility treatment can be a trying and stressful process. How will you know which doctors are most qualified, if you can afford the treatments, or even which treatment is most likely to help you conceive safely?

The ParentSteps infertility discount program offers experienced support and information with access to Infertility Centers of Excellence. Additionally, the program provides discounts to select infertility medications and has specialized nurses that can help address any questions you might have throughout the treatment process. This discount program is right for you if you have limited or no infertility benefits through your employer or health care coverage.

Benefits

- Medical and pharmaceutical discounts
- Access to our Infertility Centers of Excellence that increase your chance of a superior outcome
- Educational information about your diagnostic and treatment options
- Infertility expertise and information from a single infertility nurse specialist
- Helps improve care and outcomes through a unique clinical evaluation process
- Online tools to help manage your treatment plan

Discount Treatment Cycles Available

- Super ovulation with insemination (ovulation induction with insemination)
- Fresh or frozen IVF

Additional Discount Services Available

- Assisted hatching
- Intracytoplasmic sperm injection (ICSI)
- Preimplantation genetic diagnosis (PGD)
- Cryopreservation of embryos

How it Works

Your treatment plan will be developed after an initial consultation with a doctor at one of the ParentSteps Infertility Centers of Excellence. If your treatment plan includes either superovulation (SO) injectibles or in-vitro fertilization (IVF), you can purchase these cycles directly on the ParentSteps Web site with a credit card or cashiers check. After we receive payment, we'll take care of processing the payment with your doctor/clinic, and you will be able to start receiving treatment at the clinic.

Did you know...

- From 1980 to 2002, twin births rose 65 percent and triplet or births with more multiples rose 500 percent.¹
- Twins and triplets are more likely to be delivered preterm (50 percent and 95 percent, respectively) and ultimately admitted to the NICU.²
- The estimated annual cost of care for multiple births as a result of advanced reproductive technology (ART) in the United States is \$640 million.³

ParentSteps Value⁴

- ParentSteps provides access to a network of top reproductive endocrinologists who have met the rigorous qualification criteria required to become a Centers of Excellence. Negotiated discounts with these infertility COEs range from 18-33 percent
- ParentSteps provides discounts of 15 percent off retail for infertility drugs

SOURCES:

1. *National Vital Statistics Reports, Vol. 52, No. 10, December 17, 2003*
2. *American Society for Reproductive Medicine "Multiple Pregnancy Associated with Infertility Therapy" November 2000. Consideration for current spend should include increased usages of ART, but decrease in resulting multiples*
3. *American Society for Reproductive Medicine "Multiple Pregnancy Associated with Infertility Therapy" November 2000. Consideration for current spend should include increased usages of ART, but decrease in resulting multiples*
4. *Based on 2008 internal claims data.*

About OptumHealth

OptumHealth is a health care services organization dedicated to maximizing and synchronizing an individual's health to improve their quality of life and create the greatest impact. Whether the goal is to get healthy, stay healthy, or manage a condition, OptumHealth offers a complete line of health care services. OptumHealth works with, guides and arms individuals with information about their health that ultimately empowers them to choose healthy behaviors that last. OptumHealth currently helps more than 61 million Americans live a healthy lifestyle, making it the nation's largest health and wellness company.

Contact Us Today

To learn more about how ParentSteps works please call a ParentSteps nurse specialist toll-free at **866-774-4626** between 8:00 a.m. and 5:00 p.m. CST or e-mail us at **ParentSteps@optumhealth.com**.

ParentSteps is not health insurance. ParentSteps is a program that provides discounts at certain health care providers for infertility medical services. If you become a member of ParentSteps, you are obligated to pay for all health care services with a credit card or cashiers check; but you will receive a discount from those health care providers who have contracted with ParentSteps. ParentSteps is organized and administered by OptumHealth, a division of United HealthCare Services, Inc., located at 6300 Olson Memorial Highway, Minneapolis, MN 55427.

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